



Over the last several weeks, our nation has seen extreme acts of courage and service within civilian and military communities. The public has tremendously mobilized to honor and care for those impacted by recent events, and our survivors have offered their support, encouragement, mentorship, and material assistance. We are humbled to join in the outpouring of support from our compassionate TAPS Family, who seeks to care for each other and honor the memories of our loved ones.

*TAPS is here for all newly bereaved survivors who have lost their military loved ones due to recent events in Afghanistan. TAPS is here for all those impacted by these events, Americans across the country, and American allies worldwide. TAPS is here for all of the military community, veterans, and military families. We recognize that current global issues, such as COVID-19 variants, Tennessee floods, wildfires in the West, and Hurricane Ida, are challenging our grief journeys. **We want you to know that you are not alone. Your TAPS Family is always here for you.***

*TAPS is ensuring that we are providing loving support that meets the needs of all those impacted by current events. We are offering enhanced emotional support for survivors whose wounds have resurfaced in light of these difficult times. Please know that the 24/7 National Military Survivor Helpline is here for all, for whatever you may need along your grief journey, at **800-959-TAPS (8277)**. As a member of our TAPS Family, you will forever have ears that want to listen and hearts that align with yours. We are holding you in our thoughts and prayers.*

With much love,

TAPS



Survivor Story: Choosing Hope

A surviving daughter of a service member who died while serving in Afghanistan, Kelly McHugh-Stewart shares her grief journey and focus on hope for the future. Although recent events in Afghanistan have provoked complicated emotions and renewed grief, Kelly is choosing to find hope. She honors her father's legacy of love and service, is hopeful that the American public has embraced our military and remembers that there is meaning in the losses of our loved ones and their noble service for our nation.



This month, TAPS joins organizations across the country to raise awareness about suicide prevention and share messages of hope, help, and healing.

For those who have been impacted by suicide, this month may bring up many thoughts and feelings. This is a time to pause and contemplate how we care for one another. We can identify opportunities to connect with others to help heal and even save future lives.

As a part of the TAPS family, each time you reach out to another survivor, you are a part of suicide prevention. Share and receive hope within your TAPS family by reaching out and connecting.

We invite you to join us in these efforts to inform others about suicide risks and protective factors, as well as connect those in need to life-saving resources.

Please Visit Our Website For More Resources



National Military Suicide Survivor Seminar and Good Grief Camp

October 8 - 11, 2021 | Dallas, Texas

At the National Military Suicide Survivor Seminar in Dallas, Texas, from October 8 to 11, 2021, you'll be able to look around and feel the hope and healing. You'll have the opportunity to participate in activities, workshops and small-group sharing sessions, where we'll connect you with leaders in the fields of suicide grief, trauma and healing. Virtual and in-person options are available. [**Sign up to join us for this special weekend.**](#)



INSTITUTE FOR HOPE AND HEALING

The TAPS Institute for Hope and Healing® offers webinars and resources from experts in the field of grief and loss. Our broad range of topics provides practical information focused on helping survivors develop coping tools and strategies for navigating loss. We invite you to join us. Visit our website to find the current [Institute schedule](#) as well as [previous sessions](#) available on-demand.

Tuesday, September 21: From Grief To Peace: Journaling For Life After Loss

NOON - 1:00 PM Eastern

Journaling does more than simply record your day-to-day experience; it helps you organize your thoughts, process traumatic events, and find meaning through your lived experience. During this workshop, led by Heather Stang, MA, C-IAYT, you will learn the best practices for journaling and have the opportunity to try it for yourself!



UPCOMING CONNECTIONS WITH YOUR
TAPS Family

Grief and Spirituality Virtual Care Group

Monday, September 6

8:00 PM Eastern

Virtual Event

Young Adult Social Hour

Tuesday, September 7

(Recurring on the first Tuesday of each month)

7:00 PM Eastern

Virtual Event

Loss During COVID Care Group

Monday, September 13

8:00 PM Eastern

Virtual Event

Parenting Care Group

Tuesday, September 21

(Recurring Monthly through December)

8:00 PM Eastern

Virtual Event

Midwest Regional Military Survivor Seminar and Good Grief Camp

September 24-26, 2021

Columbus, Ohio

Virtual and In-Person Options Available



TAPS is here for you!

[Get Help with Benefits](#) | [Connect to Peer Support](#)
[Find a Grief Counselor](#) | [Join our Online Community](#)

Support and care are available to you 24/7/365.

Call our Helpline at 202. 588.TAPS (8277) and visit us at [TAPS.org](https://www.taps.org)

Follow us on social!

