



March is Women's History Month

In March, the world will honor Women's History Month. At TAPS, we honor and lift up surviving women each and every day. We observe them leaning bravely into their grief, sharing their personal grief journey, and making the world a better place by creating safe spaces for other survivors of military loss. This is a legacy that continues to build at TAPS — one that started with our Founder and President, Bonnie Carroll. Together, we find purpose and learn healthy ways to cope with grief amongst supportive peers, which often leads to identifying a new purpose — a new mission — to find ways to be of service to others.

What has inspired you along your grief journey? Have you found a renewed purpose since your loss? Read one survivor's story in our latest blog.

[Finding Inspiration and Purpose After Loss](#)



World Storytelling Day is March 20



"Stories connect us, allow us to share our view of the world, teach us about ourselves, capture memories, and create emotional bonds with one another." - Sightlife.com

Storytelling is grief work — a healing tool to help us not only share memories about our loved ones, but also to express what we are feeling, thinking, and experiencing along our grief journey.

At TAPS, we incorporate storytelling into so many facets of our programming because we believe in its healing power, but we also believe that stories connect us. They validate our feelings and allow us to find similarities with one another in order to create peer-to-peer connection, reminding us that we are not alone in our grief.

Learn more about how you can share your story at TAPS in our new blog.

[Write On: How Storytelling Can Bring Healing](#)



TAPS Education Support Services



"Thanks to TAPS and TAPS Education Services, I was able to go back to school using the Fry Scholarship opportunities. They walked me through the Fry Scholarship and helped me navigate it with my school. My education is now paid for, along with a monthly stipend that helps out so much. I could not be pursuing this degree without TAPS!" - TAPS Education Support Recipient

TAPS Education Support Services is here to support students of ALL ages, pursuing ALL levels of education, regardless of their connection to their fallen hero.

We are always here to:

- Serve as a guide to federal and state education benefits, private scholarships, K-12 financial assistance, and tutoring resources.
- Help troubleshoot challenges in accessing VA Education benefits and navigating the FAFSA grants available through the Department of Education.
- Assist in communicating with colleges and institutions, regarding misunderstandings about available resources.
- Offer college preparatory programming such as "Pathways to Success."
- And much more!

TAPS Education Support Services

Calling all High School Seniors and College Freshmen



Did you know you are eligible to apply for a TAPS Education Care Package? It's easy, it's quick, and it's free!

Every care package includes a variety of items for survivors, including a TAPS Education Resource Report and fun and useful items to help you get started at college while honoring your loved one.

Special Note: Those attending Good Grief Camp Graduation at our 2023 National Military Survivor Seminar will receive their Education Care Package at the event.

Apply for an Education Care Package



UPCOMING *in-person* CONNECTIONS

We hope to see you at one of our in-person events this year!



Registration for ALL TAPS Seminars and Good Grief Camps is now open.

Learn More and Register to Attend

Mountain Regional Military Survivor Seminar and Good Grief Camp

Denver, Colorado
March 31 - April 2, 2023
Registration is open

Tennessee Family Camp

Bolivar, Tennessee
April 14 - 17, 2023
Registration is now open

29th Annual National Military Survivor Seminar and Good Grief Camp

Arlington, Virginia
May 25 - 29, 2023
Registration is now open

Additional events will be added to the TAPS Events Calendar throughout 2023.

2023 Young Adults Experiences

Applications for ALL Young Adults Experiences are now open.



TAPS YOUNG ADULTS EVENTS 2023
For more information, visit taps.org/youngadults

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| <p>WINTER EXPERIENCE Salt Lake City, UT March 9-12, 2023</p> | <p>PACIFIC NORTHWEST EXPERIENCE Portland, OR July 27-30, 2023</p> |
| <p>NEW ENGLAND PATRIOTS EXPERIENCE Boston, MA April 13-18, 2023</p> | <p>PARALYMPIC EXPERIENCE Lake Placid, NY August 16-20, 2023</p> |
| <p>DISNEY EXPERIENCE Orlando, FL May 4-7, 2023</p> | <p>MIDWEST EXPERIENCE Chicago, IL September 21-24, 2023</p> |
| <p>MOUNTAIN EXPERIENCE Pigeon Forge, TN June 16-18, 2023</p> | <p>SOUTHERN EXPERIENCE Austin, TX November 9-12, 2023</p> |



TAPS Young Adults Experiences and Programming



UPCOMING *Online* CONNECTIONS

Through our **TAPS Online Community**, your TAPS Family is here to meet you wherever you are in your grief — and wherever you are in the country or the world.



Online Groups

Connect with survivors of shared experience

New! Online Group for Overdose Loss Survivors

Meets Monthly Beginning
Tuesday, March 20

Registration is open

Online Workshops

Learn together & have a shared experience

Women's Empowerment Online Programming

We offer surviving women many ways to come together and connect online in a safe, supportive, understanding, enriching, and healing environment.

TAPS®

INSTITUTE FOR HOPE AND HEALING

At the Institute, practical information on coping with loss is accessible to all who seek current strategies, the most effective tools, and best practices for supporting those who are grieving and those who serve the grieving.

Upcoming Webinars

Engaging Empathy In the Workplace: A Guide for Grievers

Tuesday - April 18, 2023
12:00 PM Eastern

Webinar Archives

Missed a webinar?

Visit our **free on-demand library** 24/7 to access recorded TAPS Institute webinars on a variety of topics

T★A★P★S™ *is here for you*



TAPS will always be here for you 24/7.
There are so many ways to connect with your peers and professional support - to connect with someone who cares.

TAPS National Military Survivor Helpline
800.959.TAPS (8277)

[Get Help with Benefits](#) | [Connect to Peer Support](#)
[Find a Grief Counselor](#) | [Join our Online Community](#)

Subscribe to receive the TAPS Daily Reflection with Dr. Alan Wolfelt.

This daily email is subscription-based and will deliver the power of hope and comfort to you.

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